

Training Course on Traditional Chinese Medicine Characteristic Nursing Technology for Developing Countries

Name	Training Course on Traditional Chinese Medicine Characteristic Nursing Technology for Developing Countries		
Organizer	China Academy of Chinese Medical Sciences		
Time	2023-07-19 to 2023-08-01	Language for Learning	English
Invited Countries	Developing countries	Number of Participants	40
Objectives of the Training Course	To systematically introduce the practice and experience of modern medical care to the trainees, including medical care methods in traditional Chinese medicine		
Requirements for the Participants	Professional Background	<ul style="list-style-type: none"> - Field or specialty: Ministry of Health, Medical Institutions, Health Education Institutions - Job and position: medical staff, medical teaching staff, etc. - Level, academic degree or other relevant qualification requirements: technical personnel - Working history in related fields: none - Other: none 	
	Age	Not higher than the statutory retirement age of each recipient country	
	Health	Healthy and able to attend online training on time	
	Language	Capable of listening, speaking, reading and writing in English during the training	
	others	Know how to download and use online conference platforms such as ZOOM, and participate in seminar activities according to the schedule throughout the process.	
Seminar Content	<p>I Introduction to main training courses and contents</p> <p>1. National condition and culture of China: Introduce the development of China's politics, society and history to the students.</p> <p>2. Overview of TCM Theory: Introduce the basic theory of TCM, the five elements, yin and yang, and the theory of qi and blood.</p> <p>3. Chinese medical knowledge and health care methods: Introduce the development and origin of Chinese medicine, the concept of life health and health care in Chinese medicine,</p>		

and the practical knowledge of health care and disease prevention in Chinese medicine.

4. Development frontier of TCM Appropriate Technology : Introduce the combination use of acupuncture technology and modern insulating needle technology in the treatment of rhinitis and inflammation.
5. Anti-epidemic story in China: Introduce the history of China's anti-epidemic achievements, especially the role of traditional Chinese medicine in the prevention and treatment of COVID-19. Introduce China's anti-epidemic experience and international anti-epidemic cooperation.
6. Construction and development of nursing department in TCM hospitals: Introduce the construction and development of nursing department in China.
7. History of the development of nursing in Chinese medicine: Introduce the development of nursing and the achievements it has made.
8. The techniques of nursing in Chinese medicine: Introduce a series of nursing techniques in Chinese medicine, including moxibustion, acupuncture, stone needle, and health care physical exercises.
9. Introduction to the basic knowledge of traditional Chinese medicine acupuncture and moxibustion: Describe the basic knowledge of acupuncture, moxibustion and their specific operating procedure, and preliminarily introduce the operating methods, clinical applications and working principles of various acupuncture techniques.
10. Clinical application of acupuncture and moxibustion therapy in traditional Chinese medicine: By observing the acupuncture and moxibustion treatments carried out in clinical departments, students will be introduced to the practical application of acupuncture and moxibustion in the treatment of cardiovascular diseases, eye diseases, gynecological and other diseases
11. TCM massage manipulation: Introduce the content, mode of action and study methods of massage manipulation to the students; be familiar with the origin and development of massage manipulation; master the basic knowledge and basic operation requirements of massage manipulation.
12. Rehabilitation methods of traditional Chinese medicine: the methods and means of rehabilitation commonly used in traditional Chinese medicine mainly include mental rehabilitation.

II Introduction to the training course

The training course will contain 9 classes. The senior medical and nursing experts in our hospital will host the seminar and answer the questions related to practical medical treatment and nursing technology on the spot, and arrange the activities such as the communication of the experience in traditional Chinese medicine anti-epidemic and the nursing technology for COVID-19, so as to spread China's anti-epidemic technology. The topics of the seminar are initially set as:

1. Experience sharing of COVID-19 treatment and nursing with traditional Chinese medicine.
2. Experience exchange of traditional Chinese medicine against COVID-19.

- 3.The main points of holistic nursing and dialectical nursing in traditional medicine.
 - 4.Current situation of medical and health care in developing countries: Introduce the common medical and nursing problems in developing countries, as well as the practical ideas of combination use and equal stress of traditional Chinese medicine and Western medicine.
 - 5.Discuss the diagnosis and treatment methods of internal diseases, introduce the ideas and auxiliary methods of integrated traditional Chinese and Western medicine in the diagnosis and treatment of cardiovascular diseases, digestive system diseases and other internal diseases.
 - 6.Nursing methods of modern medicine: introduce the importance of nursing in modern medicine, and introduce the nursing methods of outpatient, inpatient and surgical patients with case teaching.
 - 7.Introduce the integrated particular therapy of traditional medicine and western medicine: taking acupoint injection as an example.
 - 8.Application of new technologies in traditional medicine.
 - 9.Exchange and communication of traditional medicine in developing countries.
- III Overall introduction to the speakers
- 1.Liu Zhen: President of Xiyuan Hospital, Chinese Academy of Chinese Medical Sciences, engaged in hospital management affairs and research of spleen and stomach diseases.
 - 2.Xu Feng: Director of the International Cooperation Office of Xiyuan Hospital, Chinese Academy of Chinese Medical Sciences, engaged in the management of foreign affairs.
 - 3.Dong Guojun: Physician of Cardiovascular Department of Xiyuan Hospital, Chinese Academy of Chinese Medical Sciences, engaged in the research of cardiovascular and cerebrovascular diseases.
 - 4.Zhang Lu: Physician of Acupuncture Department of Xiyuan Hospital, Chinese Academy of Chinese Medical Sciences, engaged in acupuncture research.
 - 5.Li Jing: Director of the Nursing Department and Deputy Chief Nurse of Xiyuan Hospital, Chinese Academy of Chinese Medical Sciences, engaged in traditional medicine nursing management and education for a long time.
 - 6.Huang Yanping: Head nurse and chief nurse of Xiyuan Hospital, Chinese Academy of Chinese Medical Sciences, engaged in traditional medical nursing clinical practice and scientific research for a long time, and hold a patent of personal traditional medical nursing.
 - 7.Hu Xiaomei: Head Nurse of Xiyuan Hospital, Chinese Academy of Chinese Medical Sciences, engaged in traditional medicine nursing clinical practice and scientific research.
 - 8.Liao Juan: Research nurse of Xiyuan Hospital, Chinese Academy of Chinese Medical Sciences. had a number of important scientific research achievements in palliative therapy and tumor nursing.
 - 9.Zhao Nan: Head nurse of Xiyuan Hospital, Chinese Academy of Chinese Medical Sciences, engaged in clinical nursing work in oncology for a long time.

	<p>IV Materials need to be prepared by students</p> <p>In order to facilitate communication with Chinese experts, please prepare communication materials related to the subject of the training, such as: 1. Self-introduction of your major and working institution; 2. Basis and prospect of cooperation with China; 3. Suggestions and questions about the development of traditional medicine, etc.</p> <p>V Evaluation</p> <p>Distribute and collect evaluation forms to students to evaluate the training and teaching process.</p>		
Host City	Beijing	Cities to visit	Beijing
Notes	<ol style="list-style-type: none"> 1. Comply with the relevant regulations of the workshop and fulfill the corresponding obligations. 2. Ensure the stability of the network connection during the training course, and strictly abide by the training course schedule. 		
About the Organizer	<p>Hospital profile: The first large-scale traditional Chinese medicine hospital established after the founding of China. The modern comprehensive grade-A first-class Chinese medicine hospital, integrating medical treatment, scientific research, education and health care, ranking the top three in the competitiveness of Chinese hospitals (TCM hospitals) for three consecutive years. It has a complete internal and external department of gynecology and pediatrics, and 35 clinical departments include 8 national-level key specialties. The hospital possesses National Clinical Research Center for Cardiovascular Diseases of Traditional Chinese Medicine, National Engineering Laboratory for Clinical Efficacy and Safety Evaluation of Traditional Chinese Medicine, and other clinical research platforms, the ability of research and study is enormous. The hospital serves as the Peking University Clinical School of Traditional Chinese Medicine, the Beijing University of Chinese Medicine School of Medicine, and the education base of “Western Learning Chinese Class” of the National Health and Health Commission, contributing for the education of traditional Chinese medicine talents for a long period.</p> <p>Experience in Traditional Chinese medicine training: Xiyuan Hospital has undertaken the first foreign aid training program sponsored by the Ministry of Commerce of the People's Republic of China from 2010. A total of 54 foreign aid training courses have been completed, more than 1,900 trainees are trained. It Good reviews from business offices. The training course had good reviews by the trainees and foreign businessmen. Up to now, Xiyuan Hospital has successfully held 8 foreign aid training programs, with complete teaching equipment and experienced management personnel. Xiyuan Hospital owns its teaching platform, which can upload courses for students to watch repeatedly. At the same time, the platform also has the functions of attendance record, assessment, and question and answer, which can ensure the smooth implementation of online projects.</p>		

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